FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]

(vi) *Whether shares listed on recognized Stock Exchange(s)

(b) CIN of the Registrar and Transfer Agent

Name of the Registrar and Transfer Agent



Annual Return

(other than OPCs and Small **Companies**)

Form language	English	Hindi
D - f 41 ! 4 4		41

Corporate Identification Numb	per (CIN) of the company	U15149GJ	2018PLC105736	Pre-fill
Global Location Number (GLN	N) of the company			
Permanent Account Number	(PAN) of the company	AADCL79	78A	
(a) Name of the company		LIVA NUTI	RITIONS LIMITED	
(b) Registered office address				
Khoraj(Gandhinagar),Nr. Vaish Ahmedabad Ahmedabad Gujarat	nodevi Circle,			
(c) *e-mail ID of the company		nandish.ic	oshi@zvduswellness.d	
(c) *e-mail ID of the company (d) *Telephone number with S	TD code	nandish.jd	oshi@zyduswellness.c	
(c) *e-mail ID of the company	TD code			
(c) *e-mail ID of the company (d) *Telephone number with S	TD code		000	
(c) *e-mail ID of the company (d) *Telephone number with S (e) Website	TD code Category of the Company	07948040 21/12/20 ²	000	Company

No

No

Yes

Pre-fill

Reg	gistered office	address of the l	Registrar and Tran	sfer Ager	nts			J	
(vii) *Fina	ancial year Fro	om date 01/04/	2021	(DD/MM/\	YYYY) -	To date 31/03/20	22	(DD/M	M/YYYY)
(viii) *Wh	nether Annual	general meeting	g (AGM) held	(Yes	○ No			
(a) I	If yes, date of	AGM [28/07/2022						
(b) I	Due date of A	GM [30/09/2022						
(c) \	Whether any e	ı xtension for AG	M granted		0	Yes No			
II. PRIN	NCIPAL BU	SINESS ACT	IVITIES OF TH	IE COM	PANY	J			
*N	Number of bus	iness activities	0						
S.No	Main Activity group code	Description of I	Main Activity group	Busines Activity Code	s Des	scription of Busines	s Activity	/	% of turnove of the company
1									
III. PAR	TICULARS	OF HOLDIN	G. SUBSIDIAR	Y AND	ASSO	CIATE COMPA	NIES		
		INT VENTU	•						
'No. of C	Companies for	which informa	ntion is to be given	n 1		Pre-fill All			
S.No	Name of t	he company	CIN / FCR	RN	Holdin	g/ Subsidiary/Asso Joint Venture	ciate/	% of sh	ares held
1	ZYDUS WEL	LNESS LIMITED	L15201GJ1994PL	C023490		Holding		1	00
IV. SHA	RE CAPITA	AL, DEBENT	URES AND OT	HER SE	CURI	TIES OF THE C	ОМРА	NY	
i) *SHAI	RE CAPITA	ı							
,	ty share capita								
	Particula	ırs	Authorised	Issu	ıed	Subscribed			
			capital	cap		capital	Paid ι	up capital	
Total nu	mber of equity	/ shares	100,000	50,000		50,000	50,000)	
Total am	nount of equity	shares (in	1,000,000	500,000		500,000	500,00	00	

Number of classes

Class of Shares EQUITY SHARES	Authoricad	Issued capital	Subscribed capital	Paid up capital
Number of equity shares	100,000	50,000	50,000	50,000
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	1,000,000	500,000	500,000	500,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	3,000,000	3,000,000	3,000,000	3,000,000
Total amount of preference shares (in rupees)	30,000,000	30,000,000	30,000,000	30,000,000

	Number of classes 1	
--	---------------------	--

Class of shares 7% Optionally Convertible Non-cumulative Redeema	Authorised	Capital	Subscribed capital	Paid up capital
Number of preference shares	3,000,000	3,000,000	3,000,000	3,000,000
Nominal value per share (in rupees)	10	10	10	10
Total amount of preference shares (in rupees)	30,000,000	30,000,000	30,000,000	30,000,000

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Nu	Total nominal amount	Total Paid-up amount	Total premium		
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	0	50,000	50000	500,000	500,000	
Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0

v. ESOPs						
	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year						
,	0	50,000	50000	500,000	500,000	
Preference shares						
la				+		
At the beginning of the year	3,000,000	0	3000000	30,000,000	30,000,000	
At the beginning of the year Increase during the year	3,000,000	0	3000000	30,000,000	30,000,000	0
Increase during the year						
	0	0	0	0	0	0
Increase during the year i. Issues of shares	0	0	0	0	0	0
Increase during the year i. Issues of shares ii. Re-issue of forfeited shares	0	0	0	0	0	0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year i. Redemption of shares	0 0 0	0 0 0	0 0 0 0	0 0 0 0	0 0 0	0 0 0 0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year i. Redemption of shares ii. Shares forfeited	0 0 0 0 0 0	0 0 0 0 0	0 0 0 0 0	0 0 0 0 0	0 0 0 0 0	0 0 0 0 0

ISIN of the equity shares of the company

Class of shares		(i))		(ii)			(iii)
Before split /	Number of shares							
Consolidation	Face value per share							
Consolidation	race value per share							
After split /	Number of shares							
Consolidation	Face value per share							
	-							
	es/Debentures Transfe t any time since the in						cial y	ear (or in the
	vided in a CD/Digital Media]		\circ	Yes	\bigcirc	No	\circ	Not Applicable
Separate sheet at	tached for details of transfer	rs	0	Yes	0	No		
Date of the previous	s annual general meeting							
Date of registration	of transfer (Date Month Y	ear)						
Type of transf	er 1	- Equity	, 2- Prefere	ence Sh	ares,3	- De	benture	es, 4 - Stock
Number of Shares/ Units Transferred	Debentures/		Amount Debentu			.)		
Ledger Folio of Trai	nsferor							
Transferor's Name								
	Surname		middle	name				first name
Ledger Folio of Trai	<u>'</u>							

Transferee's Name				
	Surname	middle name	first name	
Date of registration o	of transfer (Date Month Year)			
Type of transfer 1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock				
Number of Shares/ Debentures/ Units Transferred Amount per Share/ Debenture/Unit (in Rs.)				
Ledger Folio of Trans	sferor			
Transferor's Name				
	Surname	middle name	first name	
Ledger Folio of Trans	sferee			
Transferee's Name				
	Surname	middle name	first name	

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year	Increase during the year	_	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

Type of	Number of	Nominal Value of	Total Nominal	Paid up Value of	Total Paid up Value
Securities	Securities	each Unit	Value	each Unit	Total Faid up Value
Securities	Securities	each offic	value	each Offic	
Total					

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i)	Turnover	

	0					
--	---	--	--	--	--	--

0

(ii) Net worth of the Company

24,041,115	
------------	--

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equ	Equity		Preference	
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	0	0	0	0	
	(ii) Non-resident Indian (NRI)	0	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	0	
2.	Government					
	(i) Central Government	0	0	0	0	
	(ii) State Government	0	0	0	0	
	(iii) Government companies	0	0	0	0	
3.	Insurance companies	0	0	0	0	
4.	Banks	0	0	0	0	
5.	Financial institutions	0	0	0	0	

6.	Foreign institutional investors	0	0	0	0
7.	Mutual funds	0	0	0	0
8.	Venture capital	0	0	0	0
9.	Body corporate (not mentioned above)	50,000	100	3,000,000	100
10.	Others	0	0	0	0
	Total	50,000	100	3,000,000	100

Total number	of shareholders	(promoters)
--------------	-----------------	-------------

7			

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ty	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	0	0	0	0	
	(ii) Non-resident Indian (NRI)	0	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	0	
2.	Government					
	(i) Central Government	0	0	0	0	
	(ii) State Government	0	0	0	0	
	(iii) Government companies	0	0	0	0	
3.	Insurance companies	0	0	0	0	
4.	Banks	0	0	0	0	
5.	Financial institutions	0	0	0	0	
6.	Foreign institutional investors	0	0	0	0	
7.	Mutual funds	0	0	0	0	
8.	Venture capital	0	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	0	
10.	Others	0	0	0	0	

	Total	0	0	0	0
Total nun	nber of shareholders (other than prom	oters) 0			
	ber of shareholders (Promoters+Publi n promoters)	c / 7			

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	7	7
Members (other than promoters)	0	0
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category		lirectors at the g of the year		ectors at the end e year	Percentage of shares held by directors as at the end of year		
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive	
A. Promoter	0	1	0	1	0	0	
B. Non-Promoter	0	3	0	3	0	0	
(i) Non-Independent	0	3	0	3	0	0	
(ii) Independent	0	0	0	0	0	0	
C. Nominee Directors representing	0	0	0	0	0	0	
(i) Banks & FIs	0	0	0	0	0	0	
(ii) Investing institutions	0	0	0	0	0	0	
(iii) Government	0	0	0	0	0	0	
(iv) Small share holders	0	0	0	0	0	0	
(v) Others	0	0	0	0	0	0	
Total	0	4	0	4	0	0	

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
Sharvil Pankajbhai Pate	00131995	Director	1	
Bhavana Sharadchandr	02067636	Director	0	
Savyasachi Santosh Se	05158870	Director	0	
Tarun Arora 07185311		Director	0	

(ii) Particulars of change in director(s) and Key managerial personnel during the year

Appointment/	
on/ Cessation)	

0

Name	beginning / during	Ichange in decignation/	Nature of change (Appointment/ Change in designation/ Cessation)

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF **DIRECTORS**

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held	1
-------------------------	---

Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance		
				% of total shareholding	
Annual General Meeting	29/07/2021	7	7	100	

B. BOARD MEETINGS

*Number of meetings held	5	
--------------------------	---	--

S. No.	Date of meeting	Total Number of directors associated as on the date				
		of meeting	Number of directors attended	% of attendance		
1	26/04/2021	4	3	75		
2	29/07/2021	4	4	100		
3	23/08/2021	4	4	100		
4	27/10/2021	4	3	75		
5	01/02/2022	4	3	75		

C. COMMITTEE MEETINGS

lumber (of meetings held			0								
S		pe of eeting		of Mai	Number			At	ttendand	е		
	Date of meeting		of Members as on the date of the meeting Numbers		ber of members ded			% of a	ttendar	nce		
	1											
*ATT	ENDANCE OF	DIRECTORS										
			Board M	eetings	i		C	ommittee	e Meetin	gs		Whether attended AGM
S. No.	Name of the director	Number of Meetings which director was	Meetings			20	Number of Meetings which director was		js	% of attendar	200	held on
		entitled to attend	attended		atteridant		entitled to attend	attende	led	atteridar	ciiua∏C C	28/07/2022
												(Y/N/NA)
1	Sharvil Panka	j 5	5		100)	0	()	C)	Yes
2	Bhavana Shai	5	2	2			0	0		0		Yes
3	Savyasachi S	5	5		100		0	0)	0		Yes
4	Tarun Arora	5	5		100)	0)	0)	Yes
umber o			e Directors		r Manager			Stock Op	otion/	red [ners	Total
								Sweat e	quity			Amount
1												0
	Total											
umber (of CEO, CFO an	d Company secr	etary who	se rem	uneration	details	to be entered					
S. No.	Name	Desig	nation	Gros	ss Salary	С	ommission	Stock Op Sweat e	otion/ quity	Oth	iers	Total Amount
1												0
	Total											
umber (of other directors	whose remuner	ation deta	ils to b	e entered		,					
S. No.	Name	Desig	nation	Gros	ss Salary	С		Stock Op Sweat e		Oth	iers	Total Amount

S. No.	Nan	ne Desid	gnation	Gross Sal	lary (Commission		ck Option/	Others	Total
			,				Sw	eat equity		Amount
1										0
	Total									
MATTE	RS RELAT	ED TO CERTIFICA	TION OF	COMPLIAN	CES AND	DISCLOSU	JRES			
A. Whe	ether the con	npany has made co	ompliance	s and disclos	ures in re	spect of app	llicable	Yes	○ No	
		Companies Act, 2	o 13 auring	j tne year						
). II IV	o, give reasc	ons/observations								
. PENAI	LTY AND PI	JNISHMENT - DE	TAILS TH	EREOF						
DETAII	LS OF PENA	ALTIES / PUNISHN	MENT IMP	OSED ON C	OMPANY	DIRECTOR	RS /OFFIC	ERS 🖂	Nil	
lame of		Name of the court concerned	Date of	Order	section un	ne Act and der which	Details o	f penalty/	Details of appea	
ompany fficers	// directors/	Authority		I	penalised	/ punished	puriisiiiii	CIII	including preser	ii status
B) DETA	AILS OF CO	MPOUNDING OF (OFFENCE	S Nil						
lame of	the	Name of the court		of Order	Name of	the Act and	D (l
	// directors/	Authority			section u	nder which committed	Particu offence		Amount of cor Rupees)	mpounding (in
(III. Whe	ether comp	lete list of shareh	olders, de	benture hol	ders has	been enclo	sed as aı	n attachme	nt	
	Yes	s O No								
(IV. CO	MPLIANCE	OF SUB-SECTION	l (2) OF S	ECTION 92,	IN CASE	OF LISTED	СОМРА	NIES		
		mpany or a compa							rnover of Fifty Cr	ore rupees or
nore, de	tails of comp	oany secretary in w	hole time	practice certi	ifying the a	annual retur	n in Form	MG1-8.		
Name	;									
Wheth	ner associate	e or fellow	\circ	Associate	e C	llow				

I/We certify that:

- (a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.
- (b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

D		- 45	
Decl	ıar	atı	on

I am Authorised by the Board of Directors of the company vide resolution no. .. 19 dated 21/12/2018 (DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder

- in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

 1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.

the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.

To be digitally signed by

Director	Pankajbhai Patel Patel Patel Dignay sgried by Di					
DIN of the director	00131995					
To be digitally signed by	SUDHIR Digitally signed by SUDHIR DAVE Date: 2022.09.05 12:18:59 +05:30'					
Company Secretary						
Company secretary in practice	•					
Membership number 17180		Certificate of pra	actice number		6414	
Attachments					List of attachments	
1. List of share holders,	debenture holders		Attach		reholders LNL.pdf	
2. Approval letter for ex	tension of AGM;		Attach	UDIN.pdf		
3. Copy of MGT-8;			Attach			
4. Optional Attachemen	t(s), if any		Attach			
					Remove attachment]
Modify	Check	< Form	Prescrutiny		Submit	

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company

UDIN GENERATED SUCCESSFULLY

Membership Number	A17180
UDIN Number	A017180D000906431
Name of the Company	Liva Nutritions Limited
CIN Number	U15149GJ2018PLC105736
Financial Year	2022-23
Document Type(Certificates)	Certification of Annual Return in Form MGT-7 under Section 92(1) of Companies Act, 2013
Document Description	Certification of Annual Return in Form MGT-7 under Section 92(1) of Companies Act, 2013
Date of signing documents	03/09/2022

LIVA NUTRITIONS LIMITED

Registered Office: "Zydus Corporate Park"

Scheme No. 63, Survey No. 536, Khoraj (Gandhinagar) Nr. Vaishnodevi Circle, Sarkhej – Gandhinagar Highway,

Ahmedabad – 382481

CIN: U15149GJ2018PLC105736

Phone No.: 079 – 48040000; 079 – 71800000

List of Equity Shareholders as on March 31, 2022

SR. NO.	NAME OF THE SHAREHOLDER/S	NO. OF EQUITY SHARES HELD	% OF HOLDING
1.	Zydus Wellness Limited	49,994	100.00
	Mr. Pankajbhai Ramanbhai Patel	1	0
2.	(Nominee of Zydus Wellness Limited)		
	Dr. Sharvil Pankajbhai Patel	1	0
3.	(Nominee of Zydus Wellness Limited)	_	
	Mr. Vishal Jyotindra Gor	1	0
4.	(Nominee of Zydus Wellness Limited)	_	· ·
	Mr. Chimanlal Patel	1	0
5.	(Nominee of Zydus Wellness Limited)		3
	Mr. Mukund Thakkar		
6.	(Nominee of Zydus Wellness Limited)	1	0
_	Mr. Harish Sadana	1	0
7.	(Nominee of Zydus Wellness Limited)		U
TOTAL		50,000	100.00 %

For, LIVA NUTRITIONS LIMITED

Sd/-TARUN ARORA DIRECTOR DIN: 07185311

Date: September 1, 2022

Place: Ahmedabad

LIVA NUTRITIONS LIMITED

Registered Office: "Zydus Corporate Park"

Scheme No. 63, Survey No. 536, Khoraj (Gandhinagar) Nr. Vaishnodevi Circle, Sarkhej – Gandhinagar Highway,

Ahmedabad – 382481

CIN: U15149GJ2018PLC105736

Phone No.: 079 – 48040000; 079 – 71800000

List of Preference Shareholders as on March 31, 2022

SR. NO.	NAME OF THE SHAREHOLDER/S	NO. OF PREFERENCE SHARES HELD	% OF HOLDING
1.	Zydus Wellness Limited	30,00,000	100.00
	TOTAL	30,00,000	100.00 %

For, LIVA NUTRITIONS LIMITED

Sd/-TARUN ARORA DIRECTOR

DIN: 07185311

Date: September 1, 2022

Place: Ahmedabad